

Glucosamine/Chondroitin

(gloo-kose-ah-meen / kon-droy-tin)

Category: Nutritional Supplement

Other Names for this Medication: Cosequin®, Restor-A-Flex®, OsteO-3®, Arthri-Nu®, ProMotion®, Seraquin®, Oste-O-Guard®, Caniflex®, many other brand names are available.

Common Dosage Forms: Veterinary: Oral tablets, capsules, & powder in a variety of concentrations. **Human:** Oral tablets, capsules, and powder in a variety of concentrations.

This information sheet does not contain all available information for this medication. It is to help answer commonly asked questions and help you give the medication safely and effectively to your animal. If you have other questions or need more information about this medication, contact your veterinarian or pharmacist.

Key Information

- ▶ May be given with or without food. If your pet vomits or acts sick after receiving this drug on an empty stomach, try giving the next dose with food or a small treat. If vomiting continues, contact your veterinarian.
- ▶ May take 2-6 weeks of treatment to see if drug is helping.
- ▶ Do not switch brands from that prescribed without first contacting your veterinarian. The amount of each drug might not be the same.
- ▶ Side effects are unlikely, but mild gastrointestinal upset has been reported in small animals.

How is this medication useful?

Glucosamine with chondroitin may be used to treat osteoarthritis or other painful conditions in domestic animals. These products are considered a nutritional supplement by the FDA; therefore, it does not evaluate these products for safety or efficacy. For your animal's safety, use only products recommended by your veterinarian. You and your veterinarian can discuss why this type of supplement is an appropriate choice for your animal.

What should I tell my veterinarian to see if this medication can be safely given?

Many things might affect how well this drug will work in your animal. Be sure to discuss the following with your veterinarian so together you can make the best treatment decisions.

- ▶ Other drugs can interact with this drug, so be sure to tell your veterinarian and pharmacist what medications (including vitamins, supplements, or herbal therapies) you give your animal, including the amount and time you give each.
- ▶ Tell your veterinarian about any conditions or diseases your pet may have now or has had in the past.
- ▶ If your animal has been treated for the same disease or condition in the past, tell your veterinarian about the treatment and how well it did or didn't work.
- ▶ If your animal is pregnant or nursing, talk to your veterinarian about the risks of using this drug.
- ▶ Tell your veterinarian and pharmacist about any medication side effects (including allergic reactions, lack of appetite, diarrhea, itching, hair loss) your pet has developed in the past.

When should this medication not be used or be used very carefully?

No drug is 100% safe in all patients, but your veterinarian will discuss with you any specific concerns about using this drug in your animal.

This drug **SHOULD NOT** be used in patients:

- ▶ That are allergic to either glucosamine or chondroitin.

This drug should be used **WITH CAUTION** in patients:

- ▶ That have asthma or other conditions involving tightening of airways.
- ▶ That are pregnant or nursing. Safe use has not yet been proven for either the mother or babies.

If your pet has any of these conditions, talk to your veterinarian about the potential risks versus benefits.

What are the side effects of this medication?

Side effects that usually are not serious include:

- ▶ Soft stools, gas.

You don't have to be overly concerned if you see either of these signs unless they are severe, worsen, or continue to be a problem. Contact your veterinarian if this happens.

If my pet gets too much of this medication (an overdose), what should I do?

Oral overdoses are unlikely to cause significant problems. If you witness or suspect an overdose and your animal is having symptoms, contact your veterinarian or an animal poison control center for further advice. Animal poison control centers that are open 24 hours a day include: **ASPCA Animal Poison Control Center** (888-426-4435) and **Pet Poison HELPLINE** (855-764-7661); a consultation fee is charged for these services.

How should this medication be given?

For this medication to work, give it exactly as your veterinarian has prescribed. It's a good idea to always check the prescription label to be sure you are giving the drug correctly.

- ▶ The drug may be given either with food or on an empty stomach. If your pet vomits or acts sick after receiving the drug on an empty stomach, try giving the next dose with food or a small treat. If vomiting continues, contact your veterinarian.
- ▶ Compounded liquid forms of this medication must be measured carefully. Your veterinarian or pharmacist can help by providing special measuring spoons or syringes.
- ▶ If you have difficulty getting your animal to take the medicine, contact your veterinarian or pharmacist for tips to help with dosing and reducing the stress of medication time.
- ▶ Patients are usually on this medication for an extended period, often for the rest of their lives. Give this medication according to the label's instructions and obtain refills as needed. Before stopping this medication, talk to your veterinarian, as there may be important reasons to continue its use.

What should I do if I miss giving a dose of this medication?

If you miss a dose, give it when you remember, but if it is close to the time for the next dose, skip the dose you missed and give it at the next scheduled time. After that, return to the regular dosing schedule. Do not double-up or give extra doses.

How should I store this medication?

- ▶ Because of the multiple products and product formulations available, check label for storage and stability (expiration date) information. Generally, these products should be stored in tight containers at room temperature. Avoid storing in direct sunlight.
- ▶ If your veterinarian or pharmacist has made (compounded) a special formulation for your animal, follow the storage recommendations and expiration date for the product.
- ▶ Keep away from children and other animals.

Can handling this medication be hazardous to me, my family, or other pets?

There are no specific precautions required when handling this medication unless you are allergic to it. Wash your hands after handling any medication.

How should I dispose of this medication if I don't use it all?

- ▶ Do not flush this medication down the toilet or wash it down the sink. If a community drug "take-back" program is available, use this option. If there is no take-back program, mix the drug with coffee grounds or cat litter (to make it undesirable to children and animals and unrecognizable to people who might go through your trash), place the mixture in a sealable plastic bag to keep it from leaking out, and throw the bag out with the regular trash.
- ▶ Do not save left over medication for future use or give it to others to use.

What other information is important for this medication?

- ▶ Because of the multiple products and product formulations available, do not switch brands or formulations from that prescribed without first checking with your veterinarian as the dosing might be different.
- ▶ Use of this drug may not be allowed in certain animal competitions. Check rules and regulations before entering your animal in a competition while this medication is being administered.

If you have any other questions or concerns about this medication, contact your veterinarian or pharmacist.